

# Dental Hygiene Policy

As a registered childminder, I understand the benefits of teaching children how to clean their teeth properly and am aware of the importance of good oral hygiene. In addition to this, Oral hygiene has been added to the current requirements practitioners need to implement in settings.

I offer the opportunity for children to clean their teeth at my setting at least once per day as part of the recommended guidelines.

I have the following procedures in place to maintain good practice and hygiene:

- I have provided children with their own toothbrush. (initials/name written on with permanent marker) A blob of toothpaste per child is placed on a paper towel and lifted off separately with each toothbrush and given to each child.
- Older children will be encouraged to brush their teeth themselves; younger children will be assisted.
- After each use, brushes are rinsed, shaken dry and stored in an individually named, ventilated holder.
- Toothbrushes are washed thoroughly each time with warm water.
- Toothbrushes are replaced every 3 months (or sooner if bristles are splayed). Each time a child is issued with a new toothbrush with the initials/name written on.
- Children are supervised at all times during tooth brushing.

Further details and information about the Smiles 4 Children programme can be found here:

[www.foundationyears.org.uk/toothbrushing-resources](http://www.foundationyears.org.uk/toothbrushing-resources)

If you have any concerns regarding this policy or the toothbrushing programme please do not hesitate to discuss them with me.

# Khadija Daycare

To be reviewed December 2026